



## PROPOSED ITINERARY FOR SINGAPORE PRESS CLUB

8 DAYS 7 NIGHTS COLOMBO – KANDALAMA – KANDY – NUWARA ELIYA - AHUNGALLE  
07-14 NOVEMBER 2025

### Day 1 (07 November): Departure Singapore Arrival into Colombo

#### Highlights:

- **Colombo Port City**
- **Pettah**
- **Bauddhaloka Mawa**
- **Dutch Hospital**
- **Gangarama temple & Colombo Lotus tower**
- **Overnight stay at Cinnamon Life Hotel**

Upon arrival at the airport, you will be warmly welcomed by our airport representative, who will assist you through the arrival formalities.

Proceed to Colombo and check in to your hotel. After freshening up, embark on an exciting city tour of Colombo, exploring its vibrant culture, heritage, and key landmarks.

The throbbing metropolis, Colombo - located in the West - is not only the country's commercial capital, but also the turbine that impels above 50% of the national GDP flanking Colombo's fancy urban development effort. Drive along the clean streets edging the crystal white Race Course - horse racing hub in 1893 & World War II airstrip - furnished today with lavish clothing, food & tea boutiques. Meanwhile, ride to **Pettah** - an offbeat shopping experience - or feel the buzz surrounding the upcoming inspiration, the **Colombo Port City** - an offshore city - featuring parks, commercial complexes! Head along **Bauddhaloka Mawatha** towards 'Arcade' facing a historic waypost, the Independence Square. Every designer boutique, top-notch cuisine outlet and even the 'walk-over fish tank', have revamped this colonial masterpiece into one of the trendiest shopping and hangout zones in Sri Lanka. Have a chilled beer at the

**Dutch Hospital** while gazing through fancy windows showcasing best fashion, jewelry & handicraft brands. Smell the scent of incense while listening to the chiming bells of Gangarama temple. Or, jazz up to Colombo's night life spiced by night clubs & casinos that borderline its bustle. If you're lucky, head into an exhibition at the Bandaranaike Memorial



International Conference Hall (BMICH) before swaying your head to an opera or play at Nelum Pokuna that should just drive your day into perfection!

Visit **Gangarama temple & Colombo Lotus tower.**

Head back to the hotel.

Relax & Leisure by the hotel after your long flight.

Dinner & Overnight at Hotel in Colombo.

**Optional Lunch available if needed.**

## **Day 2 (08 November) : DAMBULLA Cave Temple – DAMBULLA**

### **Highlights:**

- **Dambulla Cave Temple**
- **Breakfast at hotel, lunch and dinner at Kandalama hotel**
- **Overnight stay at Heritance Kandalama**

Breakfast at the Hotel

Proceed to Dambulla (Approximately 170 kms & 3.5 hours drive)

In the city of Dambulla lies a hub which has been treasured by many kings since the 1st century B.C. Today, an icon in the face of Sri Lanka, Dambulla Rock Temple houses some of the most unique drawings in magnificently constructed 5 cave temples flanking the golden temple of Dambulla. Observe how exquisitely cave paintings are done along walls that shelter 150 statues of Lord Buddha. As you enter the retreat, look straight up to the gigantic Buddha statue glittering in gold over a land, which today houses an important junction in the country's economic and cultural uplifting.

Lunch at a main restaurant in Hotel in Anuradhapura / Dambulla.

Continue your journey to Habarana and check in.

Relax & Leisure by the hotel.

Dinner & Overnight at Hotel in Dambulla.



## Day 3 (09 November) : Dambulla – Sigiriya – Hiriwadunna – Polonnaruwa - Dambulla

### Highlights:

- **Sigiriya Lions Rock**
- **Hiriwaduna Village**
- **Polonnaruwa heritage site**
- **Breakfast at hotel, traditional lunch, dinner at hotel**
- **Overnight stay at Heritance Kandalama**

Breakfast at the hotel

Visit the **Sigiriya Lions Rock** & enjoy a trek up the rock. (Approx. 1500 steps)

The 5th century rock citadel of King Kasyapa and World Heritage Site - Sigiriya - doesn't only boasts of ancient Sri Lankan engineering & urban planning supremacy but also acclaims to be one of the finest monuments of art & culture. Step through the gigantic 'Lion Paws' - overlooking the symmetrical royal gardens below - to comprehend the absolute splendor that once dominated this rock fortress. Surrounded by ramparts & moats the Lion Rock - resembling the mythological 'City of Gods' - is coated by frescoes that relate to Gupta style paintings found in Ajanta caves of India. Walk in the shade of an eminent 'mirror wall' embracing the Western face of Sigiriya representing an artistic hundred meters laminated with graffiti. Wander into the well-fabricated museum downstairs for an epic journey of yesteryears to realize how the citadel floated above citizens with the castle, ponds and irrigation systems that pumped water right onto its summit with an ingenious hydraulic system describing a colossal masterpiece of the great king which remained a wonder in Asia for centuries.



Enjoy a **Hiriwadduna village trek with a cooking demo & traditional lunch.**

**Hiriwaduna village tour** - The trek starts with a fantastic walk along a Wewa or artificial reservoir. The reservoir itself, the surrounding bush jungle, the marshland and the village are a swarm of cheerful morning or evening activities. The amazing birdlife, butterflies and possible sightings of the crocodile only add to the charm and



watch the villagers do their fishing or do laundry at the edge of the lake.

**Catamaran safari** - (double pair canoe combined with seating) on the picturesque lake & calf through a shallow stream and the feeling of adventure rises when you have to reach a Chena cultivation via a slightly wider tributary that has to be crossed on a catamaran!

At the **Chena cultivation** stop to enjoy the modest hospitality of the farmer. Perhaps you will enjoy a drink with sweet King Coconut / Aromatic Ginger Tea or other seasonal fruits.

Bird watching on the catamaran like peacocks, green doves, comoranes, green bitters, kingfishers, eagles and many other birds as well as land monitors and water monitors.

### **Traditional village food in a local house**

After the catamaran safari, the traditional lunch is served in a local house prepared by the village women.

This is served on a typical and traditional buffet (clay pots - buffet) served on a lotus leaf and a flat pipe holder. (Guests can take part in the preparation of the meals).

Afterwards you will visit **Polonnaruwa heritage site**.

Rising with the decline of Anuradhapura, the city of Polonnaruwa - medieval capital & crown jewel of King Parakramabahu I - remains superior proof of ancient culture & heritage blended with religious beliefs. Walk across its scattered walls of the World Heritage Site - blessed by stupas, resting Buddha statues, irrigation canals and fantastically carved Hindu sculptures - while observing the relic house - Watadage - which boasts of beautiful stone carvings. Take a close glance and you will realize a subtle Hindu influence on architecture and statues found in Polonnaruwa. Or sit by the side of Galviharaya and observe the absolute beauty gushing out of every bend of its huge Buddhist statues. Nissankamalla Council Chamber is however, a head-spinning beauty to just sit back and observe with its swaying pillars reminding the aesthetics of a powerful kingdom which rests beside Parakrama Samudraya - sea of Parakramabahu & masterpiece of irrigation!

Head to the Hotel.

Dinner & Overnight at Hotel in Dambulla



## Day 4 (10 November) : Dambulla – Minneriya – Matale - Kandy

### Highlights:

- **Minneriya Elephant National Park**
- **Spice Garden in Matale**
- **Kandy temple & cultural show dance**
- **Breakfast at hotel, lunch and dinner at hotel**
- **Overnight stay at Earls Regency**

Breakfast at the Hotel

Enjoy a morning jeep safari at the **Minneriya Elephant National Park**.

Spanning over 8,800 hectares, the Minneriya National Park is located alongside the vast, renovated **Minneriya Rainwater Reservoir**. As a part of the corridor which joins **Kaudulla and Wasgomuwa parks**, Minneriya offers an amazing sightseeing experience where one may see herds of elephants throughout the year. In October, you will witness the famous gathering of the wild elephants which is the largest known meeting place of wild elephants in the world. The park is also home to about 160 species of birds, 9 amphibians, 25 reptile species, 26 fish species and more than 78 butterfly species.

Proceed to Kandy. (Approximately 100 kms & 2.5 hour drive)

Enroute visit a **Spice Garden in Matale**.

An agricultural zone in the Central Province, Matale seldom drops off the maps due to its remarkable contribution through flagship crops of the island extending from tea, rubber & vegetables to spices. Spearheading the Rebellion back in 1848, Matale today takes immense pride in its story woven around spices. Stop by the side of a spice garden - into which you will be most welcome - and observe the therapeutic values of spices & processes over a refreshing cup of herbal tea! Or spend sometime idling on the hardened streets if you mean a real town adventure filled with voices and colors.

Lunch at main restaurant in Hotel in Kandy.

Once your reach Kandy, enjoy a Kandy city tour & visit to the Kandy temple & cultural show dance in the evening.

Last ruled by King Sri Wickrama Rajasinghe - before it was brought under the British rule in 1815, Kandy - the World Heritage Site & last royal capital of Sri Lankan kings - crafts an array of culture, history and heritage in the minds of visitors across the globe. Experience an ancient Kandyan legacy engraved around its crown jewel, the temple of the sacred tooth relic of Lord Buddha. A stroll across this small lakeside town - cradled among the misty hills - will feature the Kandy City Centre - bundled with latest and world class brands, bazaar, an arts & crafts centre, as well as a gem museum & lapidary walk in colour as you glide through fresh fruits and vegetables in the Kandy market.

Fine tune your evening by stepping to the beat of traditional music & drumming amplified by a cultural show enhancing the rich and vibrant culture of the Wonder of Asia, Sri Lanka.

Check in to the Hotel.



Dinner & Overnight at Hotel in Kandy

## **Day 5 (11 November) : Kandy – Tea Plantation – Nuwara Eliya**

### **Highlights:**

- **Tea Plantation & Tea Factory**
- **Nuwara Eliya city tour**
- **Breakfast at hotel, optional lunch or High tea, dinner at hotel**
- **Overnight stay at Grand Hotel**

Breakfast at the Hotel

Proceed to Nuwara Eliya. (Approximately 80 kms & 2.5 hour drive)

Enroute visit a **Tea Plantation & Tea Factory in Ramboda** & also get dressed in the local farmers attire and try picking tea leaves for the next harvest.

Sri Lanka, Tea and Tourism are words which cannot be separated. Take a tour to the cold & misty hills that take pride of an ultimate tea tour, covering lush green blankets of tea plantations. Or just step into a tea factory processing the prestigious brand of Ceylon Tea, to observe a rich tradition kept alive up to date. As you observe the hissing and swishing of machines, inhaling the heavenly scent arising from these facilities, make sure to end your day in style over a perfectly blended cup of pure Ceylon Tea.

Once you reach Nuwara Eliya, enjoy a **Nuwara Eliya city tour**.

### ***Option of Lunch at main restaurant or High Tea at Grand Hotel in Nuwara Eliya***

Enjoy a Nuwara Eliya city tour.

Misty steep roads, twisting through lush green blankets of tea bushes in a cool climate, remind visitors that they are within the range of the renowned British colonial retreat, Nuwara Eliya. Augmented by an English countryside atmosphere, the city of light - once governed by English & Scottish planters - is still studded with colonial bungalows,

hedgerows & one of the finest 18-hole golf courses in the world. A hike through the green grass and red-brick walls should present breathtaking views of a buzzing countryside hamlet. Drive through green valleys of the hill country pierced by endless waterfalls & dotted by tea pluckers draped in bright-colored saris. Or rent a bike for a gentle ride along the banks splashed by the waters of Lake Gregory. times.

Check in to the Hotel.

Relax & Leisure by the hotel and city.

Dinner & Overnight at Hotel in Nuwara Eliya.



## **Day 6 (12 November) : Nuwara Eliya – Ella – Beach Hotel**

### **Highlights:**

- **Train ride to Ella**
- **Ravana Caves, Ravana falls, Nine Arch Bridge**
- **Breakfast at hotel, lunch at hotel, dinner at hotel**
- **Overnight stay at Heritage Ahungalla**

Breakfast at the Hotel.

Proceed to Ella via the most scenic train ride from Nuwara Eliya to Ella

•12:30 pm train ride Lunch at 05 Star Hotel (main restaurant) in Nuwara Eliya

•09:30 am train ride: Lunch at 04 Star Hotel (main restaurant) in Ella

Be at the Nuwara Eliya station by 09:00 am or 12:15 pm | Duration: 03 to 04 hours | First class ticket subjective to availability)

Enjoy an Ella city tour.

**Ella City tour:** Visit the Ravana Caves | Ravana falls | Nine Arch Bridge

Surrounding countryside is a traveler's paradise, a place gifted with natural beauty, filled with historical sites and spiced with Legendary Ravana stories.

**Ravana Falls** is another must visit in Ella, Sri Lanka. Hill country of Sri Lanka is quite popular for beautiful waterfalls and Ravana Falls is right at the top.

**Ravana Caves:** History says that the cave is used by King Ravana to hide the Princess Sita. Located about 2 km from the Ella town. The cave lies on the foundation of a cliff, and is one of the most popular tourist attractions in Sri Lanka with a historical value.

The glorious **Nine Arch Bridge** between Ella and Demodara train stations is one of the engineering marvels in the early 20th century. (about 300 steps / Tuk ride to the location)

Lunch at 04 Star Hotel (main restaurant) in Ella

Continue your journey to the beach hotel & check in to the Hotel.

Relax & Leisure by the beach and hotel. (Approximately 200 kms & 03 to 04 hour drive)

Dinner & Overnight at Hotel in Beach Hotel.



## **Day 7 (13 November): Beach – Galle - Beach**

### **Highlights:**

- **Galle**
- **Dutch Hospital Shopping Complex**
- **Breakfast at hotel, lunch at hotel, dinner at hotel**
- **Overnight stay at Heritance Ahungalla**

Breakfast at the Hotel.

Proceed to Galle. (Approximately 40 kms & 01 hour drive)

Once you reach **Galle**, enjoy a city tour by **Tuk Tuk**. (Starts at 09:30 am | Duration: 03 to 04 hours | 02 pax per tuk)

Galle, the epic Southern capital, is the intersection where classic Dutch architecture meets a tropical setting creating a vivid atmosphere in beauty. Walk the Dutch-haunted streets listening to the creaks of wooden saloon doors and observe how European architecture mingles with South Asian traditions today flooding cultural enthusiasts on a global scale. Its original ramparts and bastions preserved up to date showcase evidences of a heritage preserved for more than 3 1/2 centuries. Walk clockwise within the fort to observe the 'old gate' carrying the British coat of arms. Flanking the old gate is the Zwart bastion - the oldest of all - and the lighthouse standing 18 feet in its glory next to the Point Utrecht Bastion. This Dutch bliss is painted with streets that spread in a rectangular grid pattern pierced with houses carrying Dutch colonial style verandas. Hop into the Dutch Hospital Shopping Complex to be mesmerized by an array of souvenir selections. However, its hallmark stands a reality where the Dutch fort remains a working community with its usual buzz of administrative offices, court complex, commercial buildings, churches and Southern folks frequenting its streets bracing the air of the Elysium of architecture, Galle!

Lunch at main restaurant at Hotel in Galle Fort.

Head back to the hotel.



## **Day 8 (14 November): Galle to Singapore**

Breakfast at the Hotel.

Transfer to the Airport for departure at least 03 hours prior to flight timings.  
(Approximately 200 kms & 2.5 hour drive)

Bon Voyage!

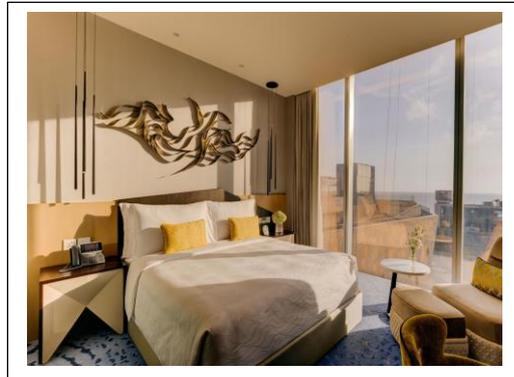
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## **HOTELS:**

### **Colombo**

Cinnamon Life – 5 star

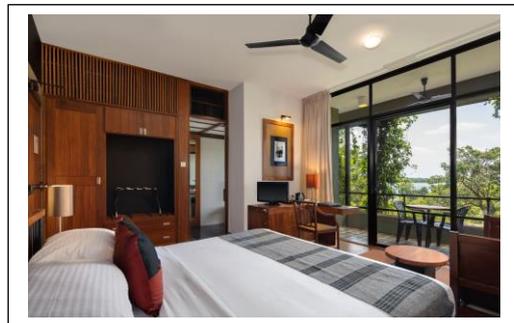
<https://www.cinnamonhotels.com/cinnamon-life-city-of-dreams-sri-lanka>



### **Dambulla**

Heritance Kandalama - 5 star

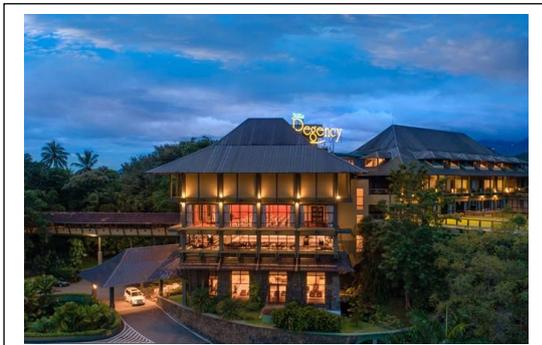
<https://www.heritancehotels.com/kandalama/>



### **Kandy**

Earl's Regency Hotel - 5 star

<https://www.aitkenspencehotels.com/earlsregency/>



## **Nuwara Eliya**

Grand Hotel - 5 star

<https://www.thegrandhotelnuwaraeliya.com/>



## **Ahungalla / Galle**

Heritance Ahungalla - 5 star

<https://www.heritancehotels.com/ahungalla/>



### **Packaged Prices (based on total number of persons confirmed)**

	<b>PRICE PER PERSON on Single Occupancy</b>	<b>PRICE PER PERSON on Twin Sharing</b>
Min. 13-15 Adults	<b>SGD 3,875.00</b>	<b>SGD 2,925.00</b>
Min. 16-20 Adults	<b>SGD 3,695.00</b>	<b>SGD 2,720.00</b>

#### Important Notes:

- All hotel rooms are subject to availability and surcharge apply should we are unable to confirm hotels at rates quoted.
- Rates quoted are not applicable during events / holiday long weekend, dates will be advised nearer to date.

#### **Airfares**

Airfare costs will be calculated based on the total number of participants.

All tickets are quoted at cost price, plus an administrative fee of \$20 per ticket.

### **INCLUSIONS:**

- Accommodation in a categorized hotel in a standard room
- Transportation by an A/C Medium Coach as per the Itinerary
- Service of an English-Speaking National Guide
- Meal Plan on Half Board Basis.
- Lunch at outside restaurants as shown below:
  - Day 02: Lunch at main restaurant at Hotel in Anuradhapura or Dambulla
  - Day 03: Sri Lankan Traditional Lunch at Hiriwadunna village trek
  - Day 04: Lunch at main restaurant at Hotel in Kandy
  - Day 05: Lunch or High Tea at main restaurant at Grand Hotel in Nuwara Eliya
  - Day 06: Lunch at main restaurant in Hotel in Nuwara Eliya or Ella.
  - Day 07: Lunch at main restaurant in Galle Fort Hotel
- 02 x 500 ml water bottles per person on complimentary basis

### **EXCLUSIONS:**

- Beverages & Meals not stated above
- Any entrance fees & fares to the sightseeing places for clients and Tour Leader
- Expenses of a personal nature.
- Tips and Porterage
- Any other services not specified above.
- Early Check in and Late Check out.

### **TERMS AND CONDITIONS:**

- Above program is applicable for Singaporean Passport Holders.
- The above rates are net and include all government taxes.
- These Accommodation, Entrance, Transportation & any other service rates are subject to change without prior notice in the event government changes the tax policy.
- Above mentioned hotels are subject to availability ·
- No Refunds on any unutilized services.

### **CANCELLATION POLICY**

90 days or less - 100% cancellation charge

Cancellation policy will be applicable for any reduction of rooms after the release period.

### **HOTEL RULES AND REGULATIONS**

The official check-in time at all hotels will be 1200hrs - 1400 hrs (depend on the hotel).

The official check-out time at all hotels will be 1100hrs.

Hotel Check in/Check out times are fixed and there is no guarantee for early/late check in /out unless paid for.

### **PROHIBITION OF ALCOHOL**

Please note alcohol will not be served in public areas in hotels and restaurants during religious holidays.

### **SPECIAL ROOM REQUESTS**

Where Special Requests E.g.: Room locations, Interconnecting /Adjacent rooms, Double/Twin beds, Smoking rooms & non-smoking rooms etc are an important factor

in the choice of holiday, please advise us when the booking is made. We will pass on your request to the hotel but cannot guarantee that it will be accommodated.

### **ATTIRE**

Visitors of both genders must wear decent clothing to cover the body appropriately when visiting religious places and shorts and sleeveless tops are not acceptable. This rule is strictly adhered to at all religious sites especially the Sacred Bo Tree and Stupas in Anuradhapura and the Temple of the Tooth in Kandy.

Visitors should remove hats, caps, shoes and slippers when entering buildings and sites with religious monuments. Most of these places have a secure facility at the entrance for visitors to leave behind shoes and slippers for a very small fee.

### **IMPORTANT**

Optional excursions and additional services could be provided for which we will charge additionally